

Somerset Recreation Yoga Classes



Fall Yoga Classes
Monday Evenings
October 1st, 8th, 15th, 22nd, 29th
And November 5th
6:30 - 7:30 PM

1458 County Street Somerset, Mass
Instructed by Barbara Barlow a 200 hour registered
yoga teacher in the Viniyoga tradition

Cost will be \$40.00 for the 6 week program

Students should bring a yoga mat, a blanket or larger
towel, a block and water. Extra mats, blankets and blocks
will be available. Please wear comfortable clothing

For more information- contact either Somerset
Recreation at 508-646-2808 or email at

somersetrecreation@yahoo.com or

Barbara at 509-930-9070 or email at
littlehouseyoga39@gmail.com for further information