

# **Somerset Recreation Yoga Classes**



**Continuing on Mondays,  
April 23<sup>rd</sup> through June 11<sup>th</sup>  
6:30 – 7:30 PM  
No Class 5/14 or 5/28**

**Instructed by Barbara Barlow  
a 200 hour registered yoga teacher  
in the Viniyoga tradition.**

**Cost will be \$40.00 for the 6 week program**

**Students should bring a yoga mat, a blanket or larger towel, a block and water . Extra mats, blankets and blocks will be available. Please wear comfortable clothing.**

**For more information - contact either  
Somerset Recreation at 508-646-2808  
or email at [somersetrecreation@yahoo.com](mailto:somersetrecreation@yahoo.com)  
or Barbara at 509-930-9070  
or email at [littlehouseyoga39@gmail.com](mailto:littlehouseyoga39@gmail.com)**