

Somerset Recreation

Hosts

How to Be a Great Babysitter!

At Somerset Council on Aging Center

115 Wood St.

Somerset MA 02726

This 6 1/2 hour course is fast paced, interactive and fun! Lots of "hands on" practice using adult and infant manikins. Games and role play are used throughout the program to enhance learning.

Adult/child/infant/CPR

Choking

Use of an AED

Changing and feeding a baby

Babysitting safety and prevention of injury

Elements of first aid for the young child

Stages of child development/games and activities to play

Getting your babysitting business started

Thursday

February 23rd 10-4:30

- Course is taught by registered nurses who are certified AHA CPR/First Aid instructors
- Fee: \$ 75.00 per person. Includes book, certificate and CPR card
- Course is recommended for teens 11 years and older
- To register call - **Somerset Recreation 508-646-2808**
or email somersetrecreation@yahoo.com
- Bring a bag lunch and a drink